Over five lessons, Archbishop Justin explores different ways of praying. From asking for things and giving thanks, to expressing deep sadness and anger, Exploring Prayer helps you begin – or develop – your conversation with God.
Exploring Prayer

PART 1: Asking God

Watch part one
Exploring Prayer

PART 2: Learning to Lament
Exploring Prayer

PART 3:
Saying Sorry

Watch part three
Exploring Prayer

PART 5: Wonder!

Watch part five

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