A five-part series on speaking and listening to God

Exploring Prayer

Over five lessons, Archbishop Justin explores different ways of praying. From asking for things and giving thanks, to expressing deep sadness and anger, Exploring Prayer helps you begin – or develop – your conversation with God.
Exploring Prayer

PART 1: Asking God

Watch part one
Exploring Prayer

PART 2: Learning to Lament

Watch part two
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PART 3: Saying Sorry

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PART 4: Giving Thanks

Watch part four