Exploring Prayer

Over five lessons, Archbishop Justin explores different ways of praying. From asking for things and giving thanks, to expressing deep sadness and anger, Exploring Prayer helps you begin – or develop – your conversation with God.
Exploring Prayer

PART 1:
Asking God

Watch part one
Exploring Prayer

PART 2: Learning to Lament

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PART 3: Saying Sorry

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PART 4: Giving Thanks

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PART 5: Wonder!

Watch part five

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