



Prayer and the Religious life

## Nothing transforms us more than prayer

[scroll down](#)

Find out why the Archbishop has made the renewal of prayer and Religious communities his first personal priority.



Take the risk of prayer



er helps us find our true identity.

Religious life

Why the Archbishop is passionate about the renewal of monastic and praying communities.

[Learn more](#)





## How to pray



## The Community of St Anselm

Meet the Archbishop's monastic-inspired community for young Christians - and find out how you can join.

[Say hello](#)

## A global conversation about prayer

From Brazil to Nigeria, people joined Archbishop Justin in this Facebook Live Q&A on prayer. Watch here if you missed it:

**Source URL:** <https://www.archbishopofcanterbury.org/priorities/prayer-and-religious-life>